

HAY FEVER,

ASTHMA,



BY M. M. TOWNSEND, M. D.,

FROSTERS, MARYLAND.

SPECIAL DIRECTIONS FOR TREATMENT



CHRONIC

CATARRH



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HAY FEVER,  
ASTHMA,  
AND  
CHRONIC CATARRH.

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TESTIMONIALS REGARDING CURE, AND  
SPECIAL DIRECTIONS FOR  
TREATMENT.

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PUBLISHED BY M. M. TOWNSEND, M. D.,  
FROSTBURG, MARYLAND.

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SPECIAL DIRECTIONS FOR TREATMENT ON PAGE 18.



*Page.*

<i>TESTIMONIALS.</i> —HAY FEVER.....	6
ASTHMA.....	11
CATARRH.....	14



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# HAY FEVER, ASTHMA, AND AUTUMNAL CATARRH.

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**T**HE periodical prevalence of HAY FEVER throughout the United States, its annually increasing area and corresponding diminution of "exempt territory," the untold horrors to which its victims are subjected, the personal inconvenience and great expense of absence from home in search of immunity, and the partial or entire failure of all remedies hitherto suggested to afford relief, present the disease as one of the most curious and inscrutable problems within the knowledge of professional men. The sympathies of the entire American people may be said to be enlisted in behalf of the sufferers, numberless remedies have been suggested with only indifferent success, and the hopeless victims still anticipate the approach of their annual visitation with indescribable horror. To meet these remarkable conditions, to replace these anticipations with a sense of future security, to *absolutely prevent* the return of this annual terror, and to promptly relieve it in any stage, this Remedy is offered to those interested, in full confidence that it will meet every requirement. It was first prescribed for a most aggravated case of *Hay Fever Asthma* of six years' standing, in August, 1880, and relief was perceptible with the first dose, and recovery rapid and uninterrupted. By its earlier use in other cases the disease was arrested in the first stage, and extension to the lungs prevented. In *Autumnal Catarrh* one day's treatment is all that is usually necessary, if the Remedy is used at the outset of the disease. *Acute Infantile Asthma* usually vanishes after three or four doses, which may be given every hour in most urgent cases until relief is obtained. The ordinary old-fashioned

"*Cold in the Head*," to which all persons are subject at all times, is immediately relieved by two or three doses, and *Spasmodic Asthma*, which prevails at all times and seasons, is easily controlled by recourse to this Remedy—which is not offered as a panacea for all diseases, but simply as a *sure and certain relief* for those above named, and in which it has not failed in a single instance. With a bottle in his pocket, and used from the first sneeze, the *Hay Fever Victim* may remain at home or exempt his own territory, wherever he may be; and with it in the Family Medicine Chest, the mother can promptly relieve any member of the family of these constantly recurring troubles.

To obtain the best results in treatment of a disease so severe, prolonged, and regular in its return as *Hay Fever*, it is desirable that the patient should meet its onset in the best physical condition possible; diet should be nutritious and digestible; known variations from healthy functions should be corrected by appropriate treatment, and the standard of general health sustained at the highest point. Hay Fever patients well know that they suffer serious loss of weight and vital power during their annual ordeal. This loss is scarcely made good by the period of recurrence, and as their conservative power diminishes, the force of the disease increases, till permanent organic changes are established, and life at any time of year becomes a burden. Numerous theories have been advanced as to the special causes of this peculiar malady. Pollens and parasites have each their advocates—the nerves and the blood the points of impression; but whatever the causes, they are ever present with us. No human power can abrogate them. As surely as the season rolls round, so surely are they reproduced; the area of their influence is annually extending, and "exempt regions" are losing their reputation. Science, therefore, can only deal with effects, and on this principle this Remedy is offered to the public, in confident hope that exemption secured through it will annually increase; susceptibility diminish; that vital power conserved one year will become resisting power the next; that the general stamina of victims will be improved, till finally *Hay Fever* may become traditional "as a tale that is told."

Its remarkable success in promptly relieving the first case of HAY FEVER ASTHMA, for which it was prescribed, naturally suggested its use in cases of SPASMODIC ASTHMA, independent of the *Hay Fever* influence, and the result has proved its remarkable power in all such cases uncomplicated with organic lesions of the lungs. Many cases of supposed Asthma are really emphysema, or chronic dilatation of the air cells; in others, infiltration and organized deposits in the substance of the lung have solidified the organs, obliterated the air cells, and permanently reduced the respiratory area.

For such conditions, resulting from organic changes, science offers but small relief; but in all cases of SPASMODIC ASTHMA, acute or chronic—regardless of cause, if the lung tissue is undisturbed—this Remedy, it is believed, will relieve every case. *Spasmodic Croup and Whooping Cough*, kindred Neuroses of the respiratory nerves, respond most favorably to its influence, and for *Acute Catarrhs and sneezing head colds* it is the most prompt and effectual remedy ever offered to the public.



# TESTIMONIALS.

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## HAY FEVER.

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In confirmation of the foregoing statements, attention is respectfully asked to the following Testimonials from persons of general and local prominence:

**From the Rev. Henry Ward Beecher.**

BROOKLYN, N. Y., Sept. 24, 1881.

DR. M. M. TOWNSEND, Frostburg, Md..

*My Dear Sir:*—In spite of all reports to the contrary, your Hay Fever Cure has worked admirably in my own case, and in three others which have come under my observation. In my own case the attack was entirely prevented for ten days after the usual time of its coming. It was so light during the next two weeks that it did not materially interfere with eating, sleeping, reading, writing or comfort, and made my stay at home very pleasant. There was no asthma whatever at the close, and I have resumed my public services in Plymouth Church two weeks in advance of the usual time. My sister, Mrs. Perkins, who has been an annual sufferer for more than 40 years, has been absolutely free from any attack whatever, as I should have been, doubtless, if I had kept the house and screened myself from heat and dust. A sister of my son's wife has about my experience, viz., a long-deferred attack, slight inconvenience, and entire exemption from asthma, though usually a great sufferer. You can say for me that I am indebted to you for a great emancipation. I do not say to any that your remedy is a certain cure in all cases; but in my judgment the probabilities of benefit are such that I should recommend all hay fever sufferers to make a thorough trial of it. Even if it failed in ten cases, I believe that it will be sure in ninety in a hundred. Can more than this be said for quinine and opium in cases where they are regarded as specifics? You are at liberty to make such use of this letter as may secure the relief of all hay fever patients.

HENRY WARD BEECHER.



FROSTBURG, Md., Oct. 11, 1881.

DR. M. M. TOWNSEND:

*My Dear Sir:*—It affords me pleasure to add my testimony to the wonderful efficacy of your Hay Fever and Asthma Remedy. I have been a sufferer from Hay Fever for 14 years—have tried changes of climate to sea shore and mountains, as also nearly every advertised remedy suggested to me, but have never had any satisfactory relief. As to the severity of the disease upon me I answer by saying that my weight generally decreases from 10 to 12 pounds, and after it has passed away my general appearance indicates having gone through a spell of sickness. Of late years I have invariably had more or less asthma with it, especially at night, so much so that it would be impossible to sleep until nearly morning. This year, upon your recommendation I began some three or four days in advance of Aug. 15th to take your Remedy, and I was astonished as well as gratified at the manner in which it met and mastered “the enemy.” To sum up in a few words, I can say to you that I have been absolutely and entirely free from asthma, wheezing, or closing of the nostrils, and did not lose an hour’s rest at night during the entire season, no watery, weak, or itching eyes, and excepting an occasional sneeze I came through all right, and instead of a loss in weight I am actually heavier at this time of year than ever before. In conclusion I aver that the use of your Remedy as prescribed has this season exempted me, not only from all suffering and distress of the Hay Fever, but even from *annoyance* on its account. This letter is at your disposal, to be used in any manner you see fit.

Very Truly,

DAVISSON ARMSTRONG.

FROSTBURG, Md., Feb. 20, 1882.

DR. M. M. TOWNSEND:

*Dear Sir:*—Being the first person ever treated by your Remedy for Hay Fever in the year 1880, and having passed through the critical season of 1881 also most comfortably through its use, gladly offer my testimony to its great value. Previous to your treatment, I had been an annual sufferer for six years, struggling through each season as best I could, with no relief from anything, and I do not see how I could possibly have survived my asthmatic attack in 1880 without your Remedy. I heartily commend it to all afflicted with Hay Fever, Asthma, and kindred troubles.

MAGGIE MCGANN.

FROSTBURG, Md., Feb. 21, 1882.

DR. M. M. TOWNSEND:

*Dear Sir:*—Being the second person ever treated by your Hay Fever Remedy in 1880, and having derived equal benefit from its use in 1881, I am happy to offer my endorsement of its great value. It seemed to attack and break up the disease at once. I passed through both seasons splendidly. My appetite and strength constantly improved during treatment, and I am confident that I should have escaped the disease entirely in 1881 if I had obtained the Remedy a little sooner.

MRS. HENRY W. WEGMAN.

ROUSES POINT, N. Y., Dec. 6, 1881.

*My Dear Doctor:*—For the last fifteen years I have been afflicted with Rose Cold, which, beginning in June, has seldom left me till frost—thus including the whole Hay Fever season, and during that time I have suffered untold agony. Nothing that I ever used afforded me any relief, and absence from home at the critical season alone moderated my sufferings. Thanks to your provision for my comfort last spring, I resorted to your Remedy this season at the commencement of my attack. Under its influence, within three days I had passed through all the stages of the disease. At the end of that time I was well and continued so throughout the remainder of the season—thanks to Hay Fever Specific, and to you, my dear Doctor, for originating it. Contrast *three days' cure* with *three months' suffering*.

Yours Truly,

MRS. N. M. CHAPMAN.

OFFICE CHIEF OF ENGINEERS, U. S. A. }  
WASHINGTON, D. C., Sept. 15, 1881. }

DR. M. M. TOWNSEND, Frostburg, Md.:

*Dear Sir:*—Enclosed is \$3.00, for which please send me two pints of your Hay Fever and Asthma specific. I have improved greatly since I called on you the latter part of August, and I hope to break up my attack much earlier than it usually goes off. I recall with pleasure my call at your residence.

Very Respectfully,

CHAS. G. LOVE.

ST. ALBANS, Vt., Aug. 23, 1881.

DR. TOWNSEND:

*Dear Sir:*—Will you please send a pint bottle of your Remedy for Hay Fever by the first express (C. O. D.) to Mrs. George Torrey, Kalamazoo, Mich. I sent a small bottle to this lady and she writes me that it has helped her as nothing else ever did, and she wishes a large bottle at once, and I know of no way to get the medicine except by sending to you. Please forward it without delay. The case of Mrs. Torrey is an old and severe one. She has been subject to the malady for a great many years, and her health has been much shattered by it.

Respectfully Yours,

MRS. C. N. BISHOP.

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MERRIMAC MFG. Co. }  
 LOWELL, Mass., Dec. 9, 1881. }

M. M. TOWNSEND, M. D.:

*Dear Sir:*—Please send me at once a pint bottle of your "Specific for Hay Fever." Enclosed please find \$2.00, of which 50c is for expressage. A bottle of your specific was sent me by my uncle, the Rev. H. W. Beecher, and I have used it almost wholly. It has not cured me entirely, but I find that four doses a day keep me extremely comfortable for this time of year.

Yours Truly,

ARTHUR HALE.

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FROSTBURG, Feb. 28, 1882.

DR. M. M. TOWNSEND:

*Dear Sir:*—Seven years ago my son Elmer passed through an attack of scarlet fever. Since that time he has been annually subject to Hay Fever of most violent type, which completely disabled him for service on the farm at seasons when his ability for work was specially desirable. Hearing your Remedy for Hay Fever favorably spoken of last summer, and having personal knowledge of its splendid effect on Mr. Armstrong, I am happy to say that it acted equally well with my son. Under its influence he passed through the summer of 1881 with the slightest possible inconvenience, working daily in the hay field, surrounded by every influence supposed to cause the disease, without any trouble or the loss of a single day. I heartily recommend your remedy to all who may need its protective power.

M. D. WHITNEY.

FROSTBURG, Feb. 28, 1882.

DR. M. M. TOWNSEND:

*Dear Sir:*—I was first attacked with Hay Fever in the summer of 1880. As the season approached for renewal of the disease in 1881 I obtained and used your Remedy as directed, and experienced most prompt and decided relief. I passed through the Hay Fever season comfortably, keeping the disease entirely in check, and I recommend all in like manner afflicted to give it a fair trial, not doubting that its effect will be equally good with others as it was with me.

BENJAMIN SPERRY.



## ASTHMA.



CHELSEA, Mass., June 10, 1881.

*Respected Sir:*—Please accept my warmest thanks for the invaluable *Asthma Medicine* you were so thoughtful and kind to send me. I have taken but a few doses, and have been more free from *Asthma* than I have been for years. I have spent a good deal for medicine and tried most everything advertised, but not anything that seems to strike my case as well as this. I have had the asthma very bad since I was a small boy, and must confess that your Remedy is the only one that has given me more than temporary relief. With a fair, honest trial I think it will make a perfect cure. I have used a little more than half of one bottle in five weeks, and have been more free from asthma than I have been for five years. I am now 35 years of age and have had asthma all my life—so bad at times that I could not lie down for weeks.

Your grateful and obedient servant,

GEO. J. WRAYTON.

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VERNON DEPOT, Conn. July 15, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—Having been troubled with the *Asthma* for the past six years, and having suffered from difficulty of breathing, so much so that I have not been able to rest in bed, being compelled to sit in my chair all night, I commenced the use of your "Asthmatic Remedy" during one of those paroxysms, and was so relieved that in twelve hours I was enabled to repose quietly in bed, sleeping all night, and have continued to do so ever since. I think it a most valuable remedy, and do most fully recommend it to all sufferers of this terrible disease.

Yours Truly,

WM. L. BACKUS.

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SYCAMORE, Ill., Nov. 12, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—Having for the last five years been a great sufferer from both Hay Fever and Asthma, and having tried many recommended cures but finding none until September last. Hearing of your Hay Fever and Asthma Remedy I obtained one of the pint bot-

bles and used according to directions. The first dose gave me great relief, and after using about five-eighths of said bottle I am, I have reason to believe, cured of both Hay Fever and Asthma. My son, about twelve years old, has also been entirely cured of asthma by its use. I surely would not be without it for ten times its cost, and I cheerfully recommend it to all afflicted with the above complaints as of incalculable value.

FRED. SCHEERS.

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HERKIMER, N. Y., Oct. 26, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—The medicine relieved me the first day. I was never able to take it in more than four consecutive hourly doses. The attack was a very severe one and I was unable to rest in bed for nearly three weeks. I now sleep in bed all night and am feeling pretty well. I take a spoonful of the medicine after each meal and am satisfied that it does me good. I shall certainly recommend it to every one suffering from asthma. You are at liberty to use this letter if you wish.

HERKIMER, Nov. 8, 1881.

Will you be good enough to send me another, *pin*t bottle this time, of Hay Fever Specific, and I will remit. I think the stuff does me good.

Yours Truly,

J. D. HENDERSON.

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SYCAMORE, Ill., Nov. 12, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—For the last twenty years I have been sorely afflicted with *Asthma*, so much so that most of the time I have been able to do but little manual labor. Upon hearing of your Hay Fever and Asthma Remedy, I obtained a trial bottle, and its use has given me almost entire relief, so that I have been following my accustomed occupation of *laying stone* with but little inconvenience from my old distressing complaint, and I can and do recommend its use to all Asthma sufferers, as a reliable remedy above all others that I have tried, which are many.

J. W. BABCOCK.

OFFICE OF H. P. CAMPBELL & Co., DRUGGISTS, }  
CUMBERLAND, Md., Jan. 21, 1882. }

DR. M. M. TOWNSEND:

*Dear Sir:*—Having been a great sufferer from Asthma for many years, and at times entirely unable to attend to business, I have much pleasure in bearing witness to the value of your Remedy for Asthma, which has given me the only relief I have ever obtained from any treatment. I commenced its use in the winter of 1880 with immediate benefit, and my general health has immensely improved. I have regained my voice, appetite and strength, and I am practically free from the disease, and have been for a long time. Any threatened return is immediately prevented by a few doses, and I can now bid defiance to the causes and influences that for years made my life a burden to me. No one but a sufferer can appreciate the value of such a Remedy, and I shall take good care never to be without it.

Very Truly Yours,

M. CARTER GALLAHER.

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MIDLAND MINES, Allegany Co., Md., }  
March 8th, 1882. }

DR. M. M. TOWNSEND:

*Dear Sir:*—I am now 55 years of age and have been a sufferer from Asthma since infancy. At times for weeks I have been unable to lie down, and the only sleep I could get would be in the erect posture, sitting in my chair. In addition to the spasmodic difficulty of breathing, I was harassed with a constant cough, which precluded all possibility of rest. In the course of my lifetime I have expended hundreds of dollars in the vain hope and search for relief, and have tried all known remedies without benefit. During my last paroxysm, which had confined me to my chair for four weeks, I commenced taking your Hay Fever and Asthma Remedy, and after the third dose I was able to lie down in bed and rest comfortably all night, and I have had no return of my disease. I take occasional doses to promote the natural functions of the lungs, and feel that the bane of my life is thoroughly under control by the power of your Remedy.

SALEM KOONTZ.

## CATARRH.

—o—

MT. SAVAGE, Md., Oct. 14, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—My daughter has been a sufferer from Chronic Catarrh for nearly 12 years. After taking three doses of your Hay Fever Remedy a very marked change in her condition was noticed. She has only used two bottles of your Remedy, and I now pronounce her case as cured. She still has occasional slight attacks, but the disease is now thoroughly eliminated from her system, and she is gaining in health and strength.

Very Truly Yours,

A. B. TURNER.

WELLSVILLE, N. Y., Nov. 20, 1881.

DR. M. M. TOWNSEND:

*Dear Sir:*—Our oldest daughter has been a sufferer from "Nasal Catarrh" from her earliest childhood. We have tried various remedies without any lasting benefit. She has taken one bottle of your "Hay Fever Specific," which has had such a good effect that we consider her almost cured. Hoping that other sufferers may be induced to try your Remedy,

I remain, yours gratefully,

J. H. PEARSALL.

FROSTBURG, Md., March, 16, 1882.

One year ago, Dr. Townsend gave me this (now celebrated) Remedy while suffering from a Catarrhal Cold, attended with profuse watering of the eyes. The effect was magical, for relief came after the third dose, and all traces of the disagreeable disease vanished in the course of the next two days. Since then the Remedy has been used by different members of my family, and always with good results.

C. S. M. STEWART,

Rector of St. John's Church,  
Frostburg, Md.



ECKHART MINES, Md., March 16, 1882.

DR. M. M. TOWNSEND, Frostburg, Md.:

*Dear Sir:*—I cannot refrain from expressing the gratitude I feel to you for the relief your new Remedy for Hay Fever has given me. It has, I truly believe, entirely cured me of a very annoying Catarrhal affection, from which I have suffered for years. I take great pleasure in recommending it to all my friends, as I believe it will do all that you claim for it.

With great respect, I am

Very Truly Yours,

D. W. BUSSARD.

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SPRING, Boone County, Illinois, }  
March 16, 1882. }

DR. M. M. TOWNSEND:

*Dear Sir:*—I have used one bottle of your Remedy for Catarrh, and would recommend it as a sure cure for that disease, if taken in time.

J. M. HAMMOND.

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BELVIDERE, Illinois, March 15, 1882.

DR. TOWNSEND:

*Dear Sir:*—Having used your Remedy for Colds with the best results, I heartily recommend it to others.

Yours Respectfully,

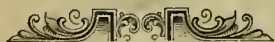
F. A. HAMMOND.





HAY FEVER,

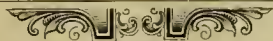
ASTHMA



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DIRECTIONS FOR TREATMENT.

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ROSE COLD,


AUTUMNAL & CHRONIC CATARRH.

## SPECIAL DIRECTIONS FOR TREATMENT.

1st. FOR HAY FEVER.—When the date of the attack is definitely known, the treatment should commence a few days before the expected time, to prevent, if possible, the formation of the disease, or at least to mitigate its violence. Take a teaspoonful (undiluted, and with nothing after it) every three hours; if sneezing should set in, every hour night and day until the attack is entirely broken up and the disease is under control. Then prolong the interval to three hours, and gradually more, as directed by the label. As the causes of the disease pervade the atmosphere till frost, the hourly treatment must be resorted to at the slightest symptoms of relapse.

2d. FOR CHRONIC CATARRH.—Take a teaspoonful every hour night and day, until the head is clear and the disease entirely under control. Then take a teaspoonful every three hours, gradually increasing the interval to three times a day until all traces of the disease have disappeared.

3d.  *The remedy should never be taken on an empty stomach.* Small portions of food should be taken “between meals” during treatment, and also before breakfast, to promote digestion and prevent irregularity in the doses. The success of the treatment depends largely upon regularity, and placing the system under the specific influence of the remedy as soon as possible.

4th.  PERSONS WITH SENSITIVE STOMACHS AND EASILY NAUSEATED, may take only half-doses at intervals of three hours, till they become accustomed to the remedy; but the sooner they can take it every hour, the sooner the desired result will be obtained.

5th. During the Hay Fever season patients should never leave the house without the remedy for instant use in case of threatening symptoms.

6th. The above directions are applicable to the treatment of *Spasmodic and Chronic Asthma, Spasmodic Croup, Whooping Cough, Acute Catarrh and Bronchitis, Influenza*, and the endless variety of *Catarrh and Sneezing Head Colds* prevalent throughout the year. 🐾 For general directions see label. For infants of a few months old the dose should be from (5) five to (20) twenty drops, according to age, at same intervals, until relieved.

7th. The effect of this remedy is so evanescent that oft-repeated doses are required to keep the system under its influence; therefore patients need fear no bad results, as its effect ceases with its use. It is not prescribed on the principle of substituting one pathological condition for another; its object is simply to promote natural vital processes, whereby diseased elements are eliminated from the system, and functional and organic changes are prevented. The condition of those who have been relieved by it is abundant guarantee of its safety. Its value by no means terminates with the Hay Fever season. Its protective and curative influence is equally valuable throughout the year, and when the public is aware of its true qualities, it is confidently predicted that no family will be without it.

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**PRICE.—Pint Bottles,.....\$1.50**  
**Four-Ounce Bottles,..... .50**

🐾 Prepared only by

DR. M. M. TOWNSEND,

Frostburg, Maryland.





Accession no.

Author Townsend, M. :  
Hay fever, asthma, &  
chronic catarrh.

Call no. 19th  
cent  
RC590  
T69

# Ask Your Druggist to Send for it.

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SMITH, DOLITTLE & SMITH, Tremont St., Boston, Mass.  
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COLEMAN & ROGERS, 176 West Baltimore St., Baltimore, Md.

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